



Being a Happy Single Woman – How to Love Yourself and Enjoy Your Freedom: The secrets of achieving everything you've ever dreamed of, finding happiness and making your life perfect.

By Phoenix Henry



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So many women believe that their happiness is tied to being in a relationship. I used to be one of those women and I felt like a complete failure each time a relationship ended and I found myself being single... again!

The failure to find happiness on our own is deeply-rooted. We're thought from childhood that we need a husband and a family. Women that don't achieve those two and women that aren't interested in being married are often perceived as unhappy and certainly unsuccessful.

These numerous expectations burden girls heavily. They search for the ideal relationship, jumping from partner to partner and hoping each time that it would last forever. Some are so afraid of being single that they'd agree to just about any partner in order to avoid the loneliness and the social stigma (yes, it's real – especially past a certain age).

The aim of this book is to teach ladies how to find excitement and joy in being single. A single woman can travel, she can date numerous fun men, she can go wild and invest in the relationships she has with herself, her family and her friends.

If you're a single girl who's experiencing doubt, this book is the right one for you. It will show you that being on your own is fun and it can lead to increased self-awareness and better understanding about what you want from a relationship.

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