



Twelve Rounds to Success: Boxing strategies for the business world

By Mr Walter F. Philbrick, Mr. Michael L. Moorer



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Michael Moorer was a three time Heavyweight Boxing Champion of the World. Mr. Moorer has taken the strategies of boxing to the business and self improvement world. His book, "12 ROUNDS TO SUCCESS" takes you through the steps to becoming a champion in life. This is not a book about boxing. It is about you changing your life to succeed and becoming a winner. In 12 Rounds to Success Michael Moorer discusses his journey to the heavyweight crown using life and boxing as a metaphor. When you follow his 12 step plan you will learn how to set personal goals, gain financial success, lose weight or become that winner in you we know is there. There are also stories in the book that relate directly to a teaching point and and also makes the book fun to read. This book is full of fantastic motivational and inspirational quotes that you will enjoy reading. The chapters include how to set personal goals, taking action, creating change in your life, leadership and physical and mental toughness. If you follow Michael's 12 step plan you can have just about anything you want in your life. The introduction is written by Heavyweight Champion and author George Foreman. In the introduction he talks about determination and success in life is attainable at any age. His insight into success and boxing is worth the price of the book.

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Paul Moore:

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