

Wok Cooking Made Easy: Delicious Meals in Minutes [Wok Cookbook, Over 60 Recipes] (Learn to Cook Series)

By Nongkran Daks



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Wok Cooking Made Easy: Delicious Meals in Minutes [Wok Cookbook, Over 60 Recipes] (Learn to Cook Series) By Nongkran Daks

Prepare delicious wok dishes from China, Thailand, India and all across Asia with this easy-to-follow wok cookbook.

Mention "wok cooking," and one immediately visualizes a huge wok being wielded above a mighty flame. One also thinks Asian "comfort food"—with accompanying images of wholesome and thoughtfully prepared meals, eaten together with family members in the comfort of the home.

Wok stir-frying is one of the best and quickest cooking methods out there. Because of the intense heat required, the food is cooked rapidly, and its taste and nutritional value are preserved. Plus, it's single dish cooking at it's finest!

In *Wok Cooking Made Easy*, you'll find nutritious and easy-to-prepare Asian wok recipes compiled for a Western audience.

Favorite wok recipes include:

- Spinach with Garlic stir-fry
- Hot and Spicy Sichuan Tofu
- Sliced Fish with Mushrooms and Ginger
- Classic Sichuan Chicken with Dried Chilies
- Thai Fried Rice
- Five Spice Chicken.

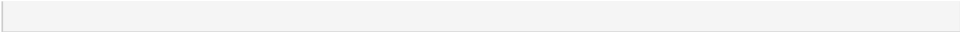
All of the recipes in this cookbook are light, healthy and tasty, nor do they require special skills to prepare. May this cookbook bring endless cooking pleasure as you venture into the world of Asian cuisine.



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Editorial Review

About the Author

Nongkran Daks is the chef-owner of Thai Basil, a restaurant in Chantilly, Virginia. She teaches cooking classes and is the author of several cookbooks, including *Thai Soups and Salads*, *Thai Noodles and Snacks* and *Homestyle Vietnamese Cooking*.

Users Review

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Karen Moore:

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