

# **Worry-Free Living: Trading Anxiety for Peace**

By Joyce Meyer



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In this compact adaptation of *Be Anxious for Nothing*, #1 *New York Times* bestselling author Joyce Meyer shows readers how to rid themselves of worry and fear by drawing on the peace of God.

Difficult times are part of living in this world. However, God has provided a way for us to enjoy peace as part daily life. We can choose either to allow ourselves to be burdened with worry and anxiety or to live in the peace and joy that God wants for our lives. Joyce Meyer shows how to rely on God's strength during difficult circumstances by revealing the nature of God's peace as found in Scripture. She explains how to trade anxiety for joy, develop a childlike attitude of faith, and give our worries to the Lord.



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## **Editorial Review**

About the Author

JOYCE MEYER is a #1 New York Times bestselling author and one of the world's leading practical Bible teachers. Enjoying Everyday Life airs daily on hundreds of television networks and radio stations worldwide. Joyce has written nearly 100 inspirational books. Bestsellers include God Is Not Mad at You; Making Good Habits, Breaking Bad Habits; Living Beyond Your Feelings; Power Thoughts; Battlefield of the Mind; and The Confident Woman. Joyce travels extensively, holding conferences throughout the year, speaking to thousands around the world.

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