



## Diabetic Slow Cooker (Diabetic Living)

By Diabetic Living Editors



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**Diabetic Slow Cooker (Diabetic Living)** By Diabetic Living Editors

**Easy, comforting slow cooker recipes from the experts at *Diabetic Living***

*Diabetic Living* magazine is the most trusted source of information on nutrition and wellbeing for diabetics. In this new collection, the editors of the magazine present 150 flavorful, no-fuss recipes for the slow cooker. Every one of these recipes combines delicious flavors with healthy amounts of calories, carbs, and sodium.

These comforting meals cover almost any occasion, from party foods to pastas, and even hot sandwiches like a Classic French dip. Full nutrition information for each one makes sure you're getting the kind of nutrition you need, while an introductory section includes helpful advice and tips on getting the most out of your slow cooker.

- Features 150 recipes with a beautiful full-color photograph of each
- Includes chapters on main dishes; soups, stews, and chilies; party foods; desserts; and more
- Saves time and money with a special *“Cook Once, Eat Thrice”* chapter that lets you prepare something good you can use in three deliciously different meals

For simple, no-mess recipes that let you enjoy mouthwatering meals while managing your diabetes, look no further than this one-of-a-kind cookbook.



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## **Diabetic Slow Cooker (Diabetic Living) By Diabetic Living Editors Bibliography**

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### Editorial Review

From the Back Cover

Deliciously simple **diabetes-friendly** slow cooker recipes!

Easy, delicious, and diabetes-friendly? You bet! Let your slow cooker do the work and enjoy comforting meals that are sure to please everyone at the table. More than 150 mouthwatering recipes include potluck-perfect appetizers, satisfying main dishes, sandwiches, soups and stews, sides, and splurge-worthy desserts, each with a beautiful full-color photograph and complete nutrition information. And every recipe combines fantastic flavor and wholesome ingredients with smart amounts of carbs, calories, and sodium, so they'll fit smoothly into your eating plan.

You'll also find

- Full nutritional information, with highlighted carb counts and dietary exchanges accompanying each recipe
- Special chapters on big-batch cooking, just-for-two dinners, and extra slow-simmered recipes for those long days away
- Helpful pointers on lightening up slow-cooked recipes
- Time-saving tricks, ingredient info, and side dish suggestions throughout

About the Author

*Diabetic Living*® is the number one lifestyle magazine for people living with diabetes, written and reviewed by experts in diabetes management, as well as people living with diabetes. Visit [DiabeticLivingOnline.com](http://DiabeticLivingOnline.com) for more helpful tips and delicious recipes.

### Users Review

**From reader reviews:**

**Joseph Woodruff:**

Information is provisions for people to get better life, information these days can get by anyone with everywhere. The information can be a information or any news even a problem. What people must be consider while those information which is inside former life are hard to be find than now's taking seriously which one works to believe or which one the actual resource are convinced. If you obtain the unstable resource then you understand it as your main information we will see huge disadvantage for you. All of those possibilities will not happen with you if you take Diabetic Slow Cooker (Diabetic Living) as the daily resource information.

**Matthew Wallace:**

This book untitled Diabetic Slow Cooker (Diabetic Living) to be one of several books in which best seller in this year, here is because when you read this publication you can get a lot of benefit upon it. You will easily to buy this kind of book in the book retail store or you can order it via online. The publisher in this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Smartphone. So there is no reason to your account to past this publication from your list.

**Andre Todd:**

The e-book untitled Diabetic Slow Cooker (Diabetic Living) is the book that recommended to you to study. You can see the quality of the book content that will be shown to you. The language that author use to explained their way of doing something is easily to understand. The author was did a lot of analysis when write the book, to ensure the information that they share for your requirements is absolutely accurate. You also will get the e-book of Diabetic Slow Cooker (Diabetic Living) from the publisher to make you more enjoy free time.

**Kimberly Moore:**

Within this era which is the greater person or who has ability to do something more are more precious than other. Do you want to become one of it? It is just simple approach to have that. What you have to do is just spending your time not very much but quite enough to have a look at some books. One of several books in the top checklist in your reading list is usually Diabetic Slow Cooker (Diabetic Living). This book that is qualified as The Hungry Slopes can get you closer in turning into precious person. By looking upward and review this book you can get many advantages.

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