

"Stretching" Exercises for Qualitative Researchers


By Valerie J. Janesick



"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick

In the new **Fourth Edition** of her inventive, one-of-a-kind book, **"Stretching" Exercises for Qualitative Researchers**, author Valerie J. Janesick uses dance, yoga, and meditation metaphors to help researchers tap into the intuitive and creative side of their research. In every chapter, "stretching" exercises help readers develop, practice, and hone fieldwork skills and vital habits of mind such as observation, interviewing, writing, creativity, technology, and analysis. While reading the book and working through the exercises, readers can complete a researcher's reflective journal—an invaluable tool that will remain useful throughout their careers.

 [Download "Stretching" Exercises for Qualitative Researchers ...pdf](#)

 [Read Online "Stretching" Exercises for Qualitative Researche ...pdf](#)

"Stretching" Exercises for Qualitative Researchers

By Valerie J. Janesick

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick

In the new **Fourth Edition** of her inventive, one-of-a-kind book, "**Stretching**" Exercises for Qualitative Researchers, author Valerie J. Janesick uses dance, yoga, and meditation metaphors to help researchers tap into the intuitive and creative side of their research. In every chapter, "stretching" exercises help readers develop, practice, and hone fieldwork skills and vital habits of mind such as observation, interviewing, writing, creativity, technology, and analysis. While reading the book and working through the exercises, readers can complete a researcher's reflective journal—an invaluable tool that will remain useful throughout their careers.

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick Bibliography

- Sales Rank: #399566 in Books
- Published on: 2015-08-26
- Original language: English
- Number of items: 1
- Dimensions: 8.90" h x .80" w x 6.00" l, .0 pounds
- Binding: Paperback
- 320 pages

 [Download "Stretching" Exercises for Qualitative Researchers ...pdf](#)

 [Read Online "Stretching" Exercises for Qualitative Researche ...pdf](#)

Download and Read Free Online "Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick

Editorial Review

Review

"Stretching" Exercises for Qualitative Researchers is an important text, and a must have for qualitative researchers. For my students—and myself—the opportunities to deepen the creative self provide essential tools for broadening our horizons of understanding and approaches to our participants, our work, and ourselves.

(Dave Shen-Miller)

Research methods is a rigorous and over-rational man sitting in a pond. People are afraid of him and hold him in awe. No one invites him to dance. But Valerie J. Janesick did, because he saw his emotion, his passion, and his possibility to be a dancer.

(Wenfan Yan)

About the Author

Valerie J. Janesick (PhD, Michigan State University) is Professor of Educational Leadership and Policy Studies, in the department of Leadership, Counseling, Adult, Career and Higher Education, LCACHE, University of South Florida, Tampa. She teaches classes in qualitative research methods, curriculum theory and inquiry, and ethics in leadership. Her latest book, *Contemplative Qualitative Inquiry: Practicing the Zen of Research* (2015) Left Coast Press, argues for the use of Zen approaches to qualitative inquiry cast as Contemplative Qualitative Inquiry. Her chapters in the *Handbook of Qualitative Research* (first and second editions) use dance and the arts as metaphors for understanding research. Her book, *Oral History for the Qualitative Researcher: Choreographing the Story* (2010), Guilford Press, incorporates, poetry, photography and the arts to capture lived experience. She serves on the editorial board of *The Qualitative Report*, and the *International Journal of Qualitative Methods*. She continues to take classes in yoga and meditation.

Users Review

From reader reviews:

Hattie Leclair:

The book "Stretching" Exercises for Qualitative Researchers can give more knowledge and information about everything you want. Why must we leave the good thing like a book "Stretching" Exercises for Qualitative Researchers? A number of you have a different opinion about book. But one aim that will book can give many info for us. It is absolutely correct. Right now, try to closer with your book. Knowledge or info that you take for that, it is possible to give for each other; you could share all of these. Book "Stretching" Exercises for Qualitative Researchers has simple shape but you know: it has great and massive function for you. You can look the enormous world by available and read a e-book. So it is very wonderful.

Brian Paige:

Spent a free time and energy to be fun activity to accomplish! A lot of people spent their spare time with

their family, or their very own friends. Usually they doing activity like watching television, gonna beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? May be reading a book can be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to try look for book, may be the publication untitled "Stretching" Exercises for Qualitative Researchers can be excellent book to read. May be it may be best activity to you.

Roland Hall:

The book "Stretching" Exercises for Qualitative Researchers has a lot of information on it. So when you make sure to read this book you can get a lot of gain. The book was written by the very famous author. Mcdougal makes some research prior to write this book. This kind of book very easy to read you can obtain the point easily after looking over this book.

Jon Fuselier:

Guide is one of source of knowledge. We can add our expertise from it. Not only for students but native or citizen require book to know the change information of year to year. As we know those ebooks have many advantages. Beside many of us add our knowledge, may also bring us to around the world. By book "Stretching" Exercises for Qualitative Researchers we can have more advantage. Don't that you be creative people? To be creative person must like to read a book. Just simply choose the best book that suited with your aim. Don't become doubt to change your life at this book "Stretching" Exercises for Qualitative Researchers. You can more inviting than now.

Download and Read Online "Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick #9GKJTLY5ZDO

Read "Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick for online ebook

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read "Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick books to read online.

Online "Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick ebook PDF download

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick Doc

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick Mobipocket

"Stretching" Exercises for Qualitative Researchers By Valerie J. Janesick EPub