

Strong Fathers, Strong Daughters: Small Group Participant's Guide

By Meg Meeker, M.D.



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YOU, DAD, ARE WIRED WITH EVERYTHING YOU NEED TO BE A GREAT FATHER TO YOUR DAUGHTER.

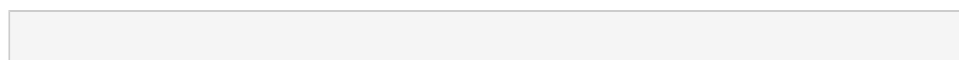
A better relationship with your daughter is not far away. All it takes is intentionally engaging her in meaningful and authentic ways. *Strong Fathers, Strong Daughters* is the perfect resource to encourage and motivate you on this journey.

Join pediatrician Dr. Meg Meeker as she guides dads through eight lessons based on her bestselling book, *Strong Fathers, Strong Daughters*.

Offering dads the unique opportunity for discussion and reflection in a small group setting, this study includes:

- Easy-to-use format with space for note-taking
- Instructions for modifying the discussion based on the size and needs of your group
- Eight (45-60 minute) sessions of interactive study
- Scriptural context for each session and thought-provoking questions for reflection and discussion
- Practical teaching on how to incorporate *Strong Fathers, Strong Daughters* principles into real life situations
- Suggestions for leaders
- Suggestions for further reading on each session's content
- Popular content from *Strong Fathers, Strong Daughters* included and expanded upon

The Small Group Participant's Guide is to be used with the *Strong Father Strong Daughters: Small Group DVD Study* (ISBN 978-0-9836620-3-7).



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Editorial Review

Review

Both my girls were practically grown and gone the first time I discovered Meg Meeker's STRONG FATHERS, STRONG DAUGHTERS, but it still had a huge impact on how I talk to and relate with them. STRONG FATHERS, STRONG DAUGHTERS: THE 30-DAY CHALLENGE is the book I wish someone had given me the day my first daughter was born! ----Dave Ramsey, *New York Times* bestselling author, nationally syndicated radio show host, and father of two daughters

Meg Meeker radically changed the way I look at parenting and fatherhood. There is joy, wisdom, and truth in everything she writes, and I will be the first in line to buy each new book she shares with the world. ----Jon Acuff, *Wall Street Journal* bestselling author of *Quitter: Closing the Gap Between Your Day Job & Your Dream Job* and father of two daughters

Raising four daughters while playing professional football was very demanding. Dr. Meeker is oh-so-accurate when she points out just how observant and impressionable young girls can be! Her work always inspires me to do a better job, and THE 30-DAY CHALLENGE is filled with lots of good ideas. Thanks, Meg! ----Chris Godfrey, father of six, member of New York Giants Super Bowl XXI Championship Team, estate planning attorney and president of Life Athletes

About the Author

Meg Meeker, M.D., has spent more than twenty years practicing pediatric and adolescent medicine and counseling teens and parents. Dr. Meeker is a fellow of the National Advisory Board of the Medical Institute, and the author of several books, including the national bestseller, STRONG FATHERS, STRONG DAUGHTERS; THE 10 HABITS OF HAPPY MOTHERS; and BOYS SHOULD BE BOYS. In 2012, Dr. Meeker released STRONG FATHERS, STRONG DAUGHTERS: THE 30-DAY CHALLENGE, the highly-anticipated follow-up to the original bestselling title.

A popular speaker on pediatric health issues and child-parent relationships, she is a frequent guest on nationally syndicated radio and television programs. She lives and works in Traverse City, Michigan, where she shares a medical practice with her husband, Walter. They have three daughters and one son.

Dads need help, particularly when it comes to building bonds with their daughters. Dr. Meeker's wise, practical book offers fathers activities they can do today to establish a relationship with their daughters that will extend far into the future. Get this book now and spare your family and your daughter the mistakes that so many men have made in the past. --Raymond Arroyo, *New York Times* bestselling author, host of EWTN's *The World Over*

Users Review

From reader reviews:

Valerie Hemming:

Do you have favorite book? Should you have, what is your favorite's book? Book is very important thing for

us to be aware of everything in the world. Each book has different aim or perhaps goal; it means that e-book has different type. Some people sense enjoy to spend their the perfect time to read a book. They can be reading whatever they take because their hobby is actually reading a book. How about the person who don't like reading through a book? Sometime, man or woman feel need book when they found difficult problem as well as exercise. Well, probably you should have this Strong Fathers, Strong Daughters: Small Group Participant's Guide.

Greta Rivera:

The book Strong Fathers, Strong Daughters: Small Group Participant's Guide has a lot info on it. So when you read this book you can get a lot of advantage. The book was written by the very famous author. The author makes some research previous to write this book. This particular book very easy to read you will get the point easily after reading this book.

Jonathan Solis:

Reading can called thoughts hangout, why? Because when you find yourself reading a book particularly book entitled Strong Fathers, Strong Daughters: Small Group Participant's Guide the mind will drift away trough every dimension, wandering in most aspect that maybe unknown for but surely might be your mind friends. Imaging every word written in a publication then become one type conclusion and explanation that will maybe you never get just before. The Strong Fathers, Strong Daughters: Small Group Participant's Guide giving you a different experience more than blown away your thoughts but also giving you useful data for your better life on this era. So now let us demonstrate the relaxing pattern at this point is your body and mind is going to be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Salvatore Anthony:

Reading a book to get new life style in this year; every people loves to go through a book. When you go through a book you can get a large amount of benefit. When you read publications, you can improve your knowledge, due to the fact book has a lot of information upon it. The information that you will get depend on what sorts of book that you have read. If you would like get information about your review, you can read education books, but if you act like you want to entertain yourself read a fiction books, these us novel, comics, and also soon. The Strong Fathers, Strong Daughters: Small Group Participant's Guide provide you with a new experience in looking at a book.

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