

THE ESSENTIAL MORENO: Writings on Psychodrama, Group Method, and Spontaneity


By J.L. Moreno MD




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This handy volume collects the best and most important writings of J.L. Moreno in one concise and accessible place. This unique collection explores Moreno's thought in developing psychodrama and sociometry, with his strong emphasis on spontaneity and creativity. The book discusses both basic and advanced concepts and techniques of psychodramatic treatment. The reader will find extensive examples from Moreno's own cases containing verbatim transcripts that illustrate the give-and-take between Moreno, his patients, and the audience observers. Jonathan Fox introduces the book with a brief overview of Moreno's life and ideas and places him in the context of his time and in the field of psychotherapy. Fox's notes throughout underscore significant aspects of the selections for the practitioner and student.

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- Sales Rank: #2088568 in Books
- Brand: Brand: Springer Publishing Company
- Published on: 1987-09-05
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x .55" w x 6.14" l, .80 pounds
- Binding: Paperback
- 240 pages

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Editorial Review

Review

"It is not the usual book on psychiatry, psychotherapy, or psychopathology. It is a book about living, and the massive contribution of a true master."--from the foreword by **Carl A. Whitaker, MD**

From the Back Cover

"Again available!

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About the Author

Jonathan Fox, PhD., is the editor of The Essential Moreno. He is the founder of Playback Theatre and the former director of the Centre for Playback Theatre. A Fellow of the American Society for Group Psychotherapy and Psychodrama, he is a certified Trainer, Educator and Practitioner in psychodrama (T.E.P.). He is the author of Acts of Service: Spontaneity, Commitment, Tradition in the Nonscripted Theatre and Beyond Theatre: A Playback Theatre Memoir.

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