

Dark Night, Early Dawn: Steps to a Deep Ecology of Mind (Suny Series in Transpersonal and Humanistic Psychology) (Suny Series, Transpersonal & Humanistic Psychology)

By Christopher M. Bache



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Argues that philosophical reflection today must include the findings of depth psychology and the critical study of non-ordinary states of consciousness. Combining philosophical reflections with deep self-exploration to delve into the ancient mystery of death and rebirth, this book emphasizes collective rather than individual transformation. Drawing upon twenty years of experience working with nonordinary states, Bache argues that when the deep psyche is hyperstimulated using Stanislav Grof's powerful therapeutic methods, the healing that results sometimes extends beyond the individual to the collective unconscious of humanity itself.

Dark Night, Early Dawn is the most important book I have read in recent years. Whenever I present a brief summary of its major ideas, either to students in my graduate classes or to general audiences, it unfailingly arouses intense interest. I believe Bache's work evokes this response because he has articulated, with superb clarity, rigor, and depth of insight, a radically expanded perspective on the deeper nature of individual human experience, a perspective that many have been gradually intuiting but had not yet been able clearly to formulate.

"With moving honesty and a rare lack of inflation, Bache has brought forth a conception of the human psyche that intimately reconnects the personal ordeals and awakenings of the individual to the larger collective suffering and spiritual transformation of the entire human species, at this most crucial of historical thresholds. This is a book to read soon and to integrate carefully." -- Richard Tarnas, author of The Passion of the Western Mind: Understanding the Ideas That Have Shaped Our World View

"This very important contribution to transpersonal psychology, I know very few books that represent such a unique balance of critical thinking and deep personal experience. The author's extensive knowledge of philosophical, religious, and psychological literature makes it possible for him to provide solid grounding for the profound insights from his nonordinary states of consciousness. Brings unusual clarity into several important problem areas and represents an important step toward an integration and synthesis of the observations and experiences

involved. Christopher Bache is one of the most creative and imaginative thinkers in the transpersonal field." -- Stanislav Grof, author of The Cosmic Game: Explorations of the Frontiers of Human Consciousness and Beyond the Brain: Birth, Death, and Transcendence in Psychotherapy Christopher M. Bache is Professor of Religious Studies in the Department of Philosophy and Religious Studies at Youngstown State University. He is the author of Lifecycles: Reincarnation and the Web of Life.

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Editorial Review

From Library Journal

Bache (religion, Youngstown State Univ.) argues that individuality is a chimera and that the universe is working to reunite all forms of consciousness into one whole. He readily admits that he is "preaching to the converted" since his argument is based on the testimony of individuals who have experienced a number of unusual states of consciousness, such as near-death experiences, psychedelic "rebirthing" sessions, out-of-body experiences, etc. Obviously, this is not laboratory-verified "scientific" psychology. Although issued as part of the "SUNY Series in Transpersonal and Humanistic Psychology," this title will not be of interest to psychologists or psychology students. It may have a place in larger collections on theology, religion, or mysticism. DMaryAnn Hughes, Neill P.L., Pullman, WA Copyright 2000 Reed Business Information, Inc.

Users Review

From reader reviews:

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Ronald Fowler:

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Carmela Randle:

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members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. In order to try to find a new activity this is look different you can read any book. It is really fun in your case. If you enjoy the book which you read you can spent all day long to reading a e-book. The book Dark Night, Early Dawn: Steps to a Deep Ecology of Mind (Suny Series in Transpersonal and Humanistic Psychology) (Suny Series, Transpersonal & Humanistic Psychology) it is rather good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. In case you did not have enough space to create this book you can buy the actual e-book. You can more effortlessly to read this book from your smart phone. The price is not too costly but this book offers high quality.

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