



## Motivation for Achievement: Possibilities for Teaching and Learning

By M. Kay Alderman



**Motivation for Achievement: Possibilities for Teaching and Learning** By M. Kay Alderman

Understanding student and teacher motivation and developing strategies to foster motivation for students at all levels of performance are essential to effective teaching. This text is designed to help prospective and practicing teachers achieve these goals. Its premise is that current research and theory about motivation offer hope and possibilities for educators ?teachers, parents, coaches, and administrators?to enhance motivation for achievement. The orientation draws primarily on social-cognitive perspectives that have generated much research relevant to classroom practice.

Ideal for any course that is dedicated to, or includes coverage of, motivation and achievement, the text focuses on two key roles teachers play in supporting and cultivating motivation in the classroom: establishing the classroom structure and instruction that provides the environment for optimal motivation, engagement, and learning; and helping students develop the tools that will enable them to be self-regulated learners and develop their potential.

Pedagogical features aid the understanding of concepts and the application to practice:

- Strategy boxes present guidelines and strategies for using the various concepts.
- Exhibit boxes include forms for different purposes (for example, goal setting), examples of teacher beliefs and practices, and samples of student work.
- Reflection boxes stimulate readers' thinking about motivational issues inherent in the topics, their experiences, and their beliefs.
- A motivational toolbox at the end of each chapter helps readers identify important points to think about, lingering questions, strategies to use now, and strategies to develop in the future.

### NEW IN THE THIRD EDITION

- Updated research and new topics are added throughout as warranted by current

inquiry in the field.

- Chapters are reorganized to provide more coherence and to account for new findings.
- New and updated material is included on issues of educational reform, standards for achievement, and high-stakes testing, and on achievement goal theory, especially regarding performance goals and the distinction between performance-approach and performance-avoidance goals as relevant to classroom practice.

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### Editorial Review

Review

*The real beauty of Alderman's book is the absence of any notion that 'one-size fits all'. Instead, readers are offered a tool-kit from which to select the practices they feel appropriate for their classroom and/or specific individuals within those classrooms....this book provides an invaluable summary of most of the major themes in motivational research in applied educational settings.*

—**The Psychology of Education Review**

*This book does an excellent job of translating theoretical principles and constructs into practical ideas and suggestions that can be used by teachers. I find this book to be a unique resource for courses that have an applied focus because it takes the practical focus most seriously.*

—**Allan Wigfield**

*University of Maryland*

*This second edition represents a solid update of new developments in the area and contributes significantly to the field of academic motivation. The prose is extremely user-friendly, and it is clear that Kay Alderman is in command of the tone which makes the book accessible to the intended audience.*

—**Frank Pajares**

*Emory University*

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**From reader reviews:**

**Eric Johnson:**

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