

Movement Based Learning for Children of All Abilities

By Cecilia Koester



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In this practical, insightful book, you'll find a simple, yet provocative, approach to learning. "Movement Based Learning" stimulates brain function with simple movements. It develops the brain's neural pathways the natural way, through movement. Precise movements can help improve comprehension, organization, physical mobility, focus and communication. Cecilia Koester, an educator for more than 25 years, guides you (parents, teachers, therapists) as you enhance learning opportunities for every child, including those who have special needs. For all children, basic developmental movement patterns create and develop neurological functions. Everyone has a foundation of neurological patterns that allow continual learning and growth. If that foundation is lacking or weak, you must go back and reinforce learning at the primitive reflex or developmental movement pattern levels. Koester provides hands-on methods and techniques, allowing each and every child to reach their greatest potential, regardless of whether a child's potential is to read on grade level or if she is learning to walk and talk.



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