

# Tender at the Bone: Growing Up at the Table (Random House Reader's Circle)

By Ruth Reichl



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#### **NEW YORK TIMES BESTSELLER**

At an early age, Ruth Reichl discovered that "food could be a way of making sense of the world.... If you watched people as they ate, you could find out who they were." Her deliciously crafted memoir, **Tender at the Bone**, is the story of a life determined, enhanced, and defined in equal measure by a passion for food, unforgettable people, and the love of tales well told. Beginning with Reichl's mother, the notorious food-poisoner known as the Queen of Mold, Reichl introduces us to the fascinating characters who shaped her world and her tastes, from the gourmand Monsieur du Croix, who served Reichl her first soufflé, to those at her politically correct table in Berkeley who championed the organic food revolution in the 1970s. Spiced with Reichl's infectious humor and sprinkled with her favorite recipes, **Tender at the Bone** is a witty and compelling chronicle of a culinary sensualist's coming-of-age.

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# **Editorial Review**

#### Amazon.com Review

*New York Times* restaurant critic Ruth Reichl reads her (only very slightly abridged) memoir with the same humor, care, and intimacy that she put into its writing. The voices of the chefs, waiters, and gourmands who taught her to love food and its preparation come to life in this audiobook. Particularly compelling is her wonderful tale of "Life on Mars"--boarding school in Montreal might well have been on another planet. We listen as her halting French becomes fluent, as she shares weekend forays for forbidden smoked meat and cream puffs (the cure for all homesickness) with her new friend, Beatrice, and as her encounter with Beatrice's father, Monsieur du Croix, introduces her to a new level of joy in food. Audiobook listeners are also treated to a handy booklet of recipes included with the tapes that represent a dish from each of the main characters we meet in Ruth's life.

#### From Publishers Weekly

Reichl discovered early on that since she wasn't "pretty or funny or sexy," she could attract friends with food instead. But that initiative isn't likely to secure her an audience for her chaotic, self-satisfied memoirs, although her restaurant reviews in the New York Times are popular. Reichl's knack for describing food gives one a new appreciation for the pleasures of the table, as when she writes here: "There were eggplants the color of amethysts and plates of sliced salami and bresaola that looked like stacks of rose petals left to dry." But when she is recalling her life, she seems unable to judge what's interesting. Raised in Manhattan and Connecticut by a docile father who was a book designer and a mother who suffered from manic depression, Reichl enjoyed such middle-class perks as a Christmas in Paris when she was 13 and high school in Canada to learn French. But her mother was a blight, whom Reichl disdains to the discomfort of the reader who wonders if she exaggerates. The author studied at the University of Michigan, earned a graduate degree in art history, married a sculptor named Doug, lived in a loft in Manhattan's Bowery and then with friends bought a 17-room "cottage" in Berkeley, Calif., which turned into a commune so self-consciously offbeat that their Thanksgiving feast one year was prepared from throwaways found in a supermarket dumpster. Seasoning her memoir with recipes, Reichl takes us only through the 1970s, which seems like an arbitrary cutoff, and one hopes the years that followed were more engaging than the era recreated here. Copyright 1998 Reed Business Information, Inc.

#### From School Library Journal

YA-This gastronomic delight is best taken slowly so that readers can savor each word. Motivated by fear of her mother's bizarre cooking escapades ("She liked to brag about 'Everything Stew,' a dish invented while she was concocting a casserole out of a two-week-old turkey carcass"), Reichl learned to cook early and her entertaining descriptions of kitchen disasters are sure to cause howls of laughter time and again. There were also some requisite difficulties, too, and readers will wince while reading of the author's weight battles and self-image problems while growing up; her college roommate's estrangement; and her mother's mental imbalances. Every job she took, from social work to commune cook, gave her one more piece of experience that eventually led to her current career, that of restaurant reviewer and writer extraordinaire. As an added bonus, this thoroughly enjoyable memoir also includes a handful of recipes that will make readers' mouths water.

Susan R. Farber, Ardsley Public Library, NY Copyright 1998 Reed Business Information, Inc.

# **Users Review**

### From reader reviews:

# **Cary Burgess:**

Nowadays reading books be than want or need but also turn into a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge even the information inside the book which improve your knowledge and information. The knowledge you get based on what kind of publication you read, if you want drive more knowledge just go with education books but if you want sense happy read one having theme for entertaining including comic or novel. The particular Tender at the Bone: Growing Up at the Table (Random House Reader's Circle) is kind of publication which is giving the reader unpredictable experience.

# Kathleen Owens:

Reading a book tends to be new life style on this era globalization. With studying you can get a lot of information which will give you benefit in your life. Having book everyone in this world can easily share their idea. Publications can also inspire a lot of people. A lot of author can inspire their particular reader with their story as well as their experience. Not only the story that share in the textbooks. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book which exist now. The authors on this planet always try to improve their talent in writing, they also doing some exploration before they write to their book. One of them is this Tender at the Bone: Growing Up at the Table (Random House Reader's Circle).

# Fern Rodriquez:

Spent a free time to be fun activity to try and do! A lot of people spent their free time with their family, or their friends. Usually they accomplishing activity like watching television, about to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could be reading a book might be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the publication untitled Tender at the Bone: Growing Up at the Table (Random House Reader's Circle) can be very good book to read. May be it could be best activity to you.

# **Stacy Perry:**

Is it an individual who having spare time in that case spend it whole day simply by watching television programs or just telling lies on the bed? Do you need something new? This Tender at the Bone: Growing Up at the Table (Random House Reader's Circle) can be the respond to, oh how comes? A book you know. You are so out of date, spending your extra time by reading in this brand new era is common not a nerd activity. So what these guides have than the others?

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