



The Midday Lantern: From Schizophrenia to Spirituality an alternative exploration of life, faith and what it means to be free of fear

By Anastasios Nicholas Bibawi



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The Midday Lantern is a discourse of wisdom, a philosophical exploration of life and a spiritual expression of faith. **Anastasios Bibawi** was diagnosed with Schizophrenia when he was 28 years old. This is his story of how he rediscovered his faith through a spiritual and philosophical journey that lasted several years.

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Editorial Review

About the Author

If you asked me what qualifies me in to write such a book? My answer would simply be “I am alive.” I am by no means a theologian, and, I am not a qualified philosopher, I have no qualification in science, nor am I a psychologist, but as an electronic engineer I have a perspective that I learned many years ago when I was still in training and that is the “KISS” principle; Keep It Simple, Stupid! As someone that is managing a mental illness you can imagine that my views on life would be skewed and somewhat distorted and so this is a testament of life from the impossible odds of madness all the way to here; which I hope is some form of sanity. Truth be told I never thought that I would accomplish the completion of a text, let alone be published. Although, it has taken me almost seven years of learning, growth and documenting my thoughts about my life. To compiling editing and finally publishing my work, all the while holding down a career in Broadcasting Technology. You probably have noticed that I haven't let my mental illness dominate my life, I haven't let religion dominate my soul, and I haven't let ignorance dominate my rational. I live on the east coast of Australia in a little town called Sydney, perhaps you have heard of it? I grew up here, I live here, but who knows where the winds of change will take me. As an author I want you to know that writing has changed my life and I hope that reading will change yours.

Users Review

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Daniel Starkey:

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Eugene Brown:

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Elaine Harvey:

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