



## Your Defiant Child, Second Edition: Eight Steps to Better Behavior

By Russell A. Barkley PhD ABPP ABCN, Christine M. Benton



**Your Defiant Child, Second Edition: Eight Steps to Better Behavior** By Russell A. Barkley PhD ABPP ABCN, Christine M. Benton

Discover a way to end constant power struggles with your defiant, oppositional, "impossible" 5- to 12-year-old, with the help of leading child psychologist Russell A. Barkley. Dr. Barkley's approach is research based, practical, and doable--and leads to lasting behavior change. Vivid, realistic stories illustrate what the techniques look like in action. Step by step, learn how you can:

- \*Harness the power of positive attention and praise.
- \*Use rewards and incentives effectively.
- \*Stay calm and consistent--even on the worst of days.
- \*Establish a time-out system that works.
- \*Target behavioral issues at home, in school, and in public places.

Thoroughly revised to include the latest resources and 15 years' worth of research advances, the second edition also reflects Dr. Barkley's ongoing experiences with parents and kids. Helpful questionnaires and forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

Mental health professionals, see also the related title, *Defiant Children, Third Edition: A Clinician's Manual for Assessment and Parent Training*. For a teen focus, see also *Defiant Teens, Second Edition* (for professionals), and *Your Defiant Teen, Second Edition* (for parents), by Russell A. Barkley and Arthur L. Robin.

Winner-- Parents' Choice "Approved" Award

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### Editorial Review

#### Review

"Authoritative, clear, empathic, structured, and evidence based, the second edition of *Your Defiant Child* surpasses the first, which is no easy feat. A 'must read' for parents worried about a child's oppositional, aggressive, or defiant behavior."--Stephen P. Hinshaw, PhD, Department of Psychology, University of California, Berkeley

"Dr. Barkley is a leader in the field who provides families with proven strategies for dealing with very challenging problems. The entire book reflects his research, experience, and wisdom. The book is informed by feedback from the many parents who have benefited from this approach, and includes practical examples and pointers for putting the techniques into action."--Charles E. Cunningham, PhD, Department of Psychiatry and Behavioral Neurosciences, McMaster University, Canada

"Dr. Barkley provides sound advice for parents based on many years of research. This is a well-written, easy-to-follow guide for improving your child's behavior."--Rex L. Forehand, PhD, coauthor of *Parenting the Strong-Willed Child*

#### About the Author

Russell A. Barkley, PhD, is Clinical Professor of Psychiatry and Pediatrics at the Medical University of South Carolina in Charleston. He is a recipient of awards from the American Academy of Pediatrics and the American Psychological Association, among other honors. The author of numerous bestselling books for professionals and the public, including *Taking Charge of ADHD*, Dr. Barkley lectures worldwide and makes frequent media appearances. He has worked with children and families for over 35 years, during which time he and his wife have raised two sons of their own. His website is [www.russellbarkley.org](http://www.russellbarkley.org).

Christine M. Benton is a Chicago-based writer and editor.

### Users Review

#### From reader reviews:

#### Henrietta Jimerson:

This book untitled Your Defiant Child, Second Edition: Eight Steps to Better Behavior to be one of several books this best seller in this year, that is because when you read this guide you can get a lot of benefit on it. You will easily to buy this kind of book in the book store or you can order it by using online. The publisher of the book sells the e-book too. It makes you more easily to read this book, as you can read this book in your Mobile phone. So there is no reason to you personally to past this book from your list.

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### **Diane Numbers:**

The reason? Because this Your Defiant Child, Second Edition: Eight Steps to Better Behavior is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will jolt you with the secret that inside. Reading this book alongside it was fantastic author who write the book in such remarkable way makes the content interior easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have got such as help improving your talent and your critical thinking technique. So , still want to delay having that book? If I were being you I will go to the e-book store hurriedly.

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