



## Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series)

By Jonn Mumford



**Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series)** By Jonn Mumford

Now you and your lover can engage in specific sexual techniques and positions for ritual intercourse that will flood you with the overwhelming physical ecstasy which triggers expanded states of consciousness. Tantric practices will teach you how to build sexual love and passion to an amazing peak?and how to push your mind even higher to achieve transcendental bliss.

Bring holiness and magick into your sexual relationship with *Ecstasy Through Tantra*. Discover the God/Goddess as incarnate in your beloved, and experience the same Divinity within yourself, through the joy of complete physical and spiritual union. This guide features a wealth of illustrations and photographs.

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### Editorial Review

From the Publisher

Dr. Jonn Mumford has been writing books on Tantra for almost forty years. In *Ecstasy Through Tantra* he presents his extensive knowledge in a practical way that you can use to change your life.

This book skillfully interweaves theory and practice so you can understand why you are doing any exercise as you learn the technique. You will start with simple exercises you can practice by yourself. One of the exercises helps women to reach orgasm more easily and allows men to control when they want to reach orgasm. Another exercise helps a woman to become more easily aroused and encourages potency in men.

This is all in preparation for the greatest of secrets: sex can become sacred. Instead of short periods of pleasure and joy, you can have hours of bliss as you bring the Divine into your pleasure.

Full, explicit instructions for all of these techniques are included. The book is filled with beautiful ancient and modern illustrations of loving couples. There are photos of erotic sculptures and even color photos of couples showing the secret sexual positions for ultimate bliss.

This book is meant for individuals and couples looking to expand their sexual lives. It is more than Tantra, for it also is a full course in sexual magick, including the "Mass of the Holy Ghost" by Israel Regardie. There is an entire weekend worth of Tantra written by Donald Michael Kraig, and I have contributed the introduction and a chapter on the importance of love and romance in sacred sexuality.

This is one of the most spiritual, powerful and important books you will ever read.

### About the Author

Dr. Jonn Mumford (Swami Anandakapila Saraswati) wrote his first book "Psychosomatic Yoga" in 1961 while completing an intensive period of study in India. His current books include "Ecstasy Through Tantra", "A Chakra and Kundalini Workbook", "Mind Magic Kit" and "Magic Tattwas" from Llewellyn.

Dr. Mumford is a direct disciple of Dr. Swami Gitananda and Paramhansa Swami Satyananda Saraswati, Bihar. He was initiated by Swami Satyananda in 1973, at BSY Monghyr, Bihar State, India. Dr. Mumford is respected across the world for his knowledge and scholarship. A born teacher, Dr. Mumford frequently gives lecture on relaxation techniques, sexuality, Tantra and other aspects of human development and spirituality .

No mere theoretician, Dr. Mumford is a world renowned authority on Tantra and yoga. He has demonstrated his own self-mastery of cardiac cessation, obliteration of individual pulse beat at will, sensory withdrawal and voluntary breath retention over the 5 minute range, and start and stop bleeding on command.

His background combining chiropractic and psychology with extensive international experience in a wide range of Eastern disciplines makes Dr. Mumford eminently well-suited to the task of disseminating the secrets of Tantra unto the West.

## **Users Review**

### **From reader reviews:**

#### **Dennis Fleenor:**

Now a day people who Living in the era exactly where everything reachable by connect with the internet and the resources in it can be true or not require people to be aware of each information they get. How individuals to be smart in getting any information nowadays? Of course the answer is reading a book. Reading through a book can help men and women out of this uncertainty Information especially this Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series) book because book offers you rich information and knowledge. Of course the knowledge in this book hundred per cent guarantees there is no doubt in it you know.

#### **Earl Diehl:**

The actual book Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series) has a lot associated with on it. So when you make sure to read this book you can get a lot of gain. The book was written by the very famous author. The writer makes some research previous to write this book. This book very easy to read you can get the point easily after reading this book.

#### **Clarence Lowery:**

People live in this new time of lifestyle always try to and must have the extra time or they will get great deal of stress from both day to day life and work. So , if we ask do people have spare time, we will say absolutely indeed. People is human not really a huge robot. Then we inquire again, what kind of activity are there when the spare time coming to you actually of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative within spending your spare time, typically the book you have read is actually Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series).

#### **Lauren Allison:**

Some people said that they feel bored when they reading a book. They are directly felt the item when they get a half areas of the book. You can choose the actual book Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series) to make your current reading is interesting. Your current skill of reading proficiency is developing when you including reading. Try to choose straightforward book to make you enjoy to read it and mingle the idea about book and examining especially. It is to be first opinion for you to like to wide open a book and read it. Beside that the reserve Ecstasy Through Tantra (Llewellyns Tantra and Sexual Arts Series) can to be your brand new friend when you're truly feel alone and confuse in what must you're doing of these time.

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