



## Treating Adolescents

By Hans Steiner



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A Dynamic and Challenging Age Group

A Volume in the Jossey-Bass Library of Current Clinical Technique

It is an ambitious undertaking to distill the knowledge base, summarize the clinical wisdom, and provide vivid case illustrations for the full range of psychopathology presenting in adolescence. This first rate book succeeds on all counts while conveying the challenge and excitement of working with teenagers who have psychiatric problems.

--Gregory K. Fritz, M.D., professor of psychiatry and director, Child and Adolescent Psychiatry, Brown University School of Medicine

This concise, up-to-date summary of adolescent development presents step-by-step guidance for effective clinical treatment of issues such as anxiety disorders, depression, eating disorders, somatization, conduct disorders, and psychosis.

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## **Treating Adolescents By Hans Steiner Bibliography**

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### Editorial Review

#### Review

"Treating Adolescents presents a concise, up-to-date summary of adolescent development and step-by-step guidance for the effective clinical treatment of specific disorders." (Adolescence)

"Treating Adolescents offers the reader a concise biopsychosocial biopsy of adolescence and a clear, comprehensive textbook description of the important issues in the treatment of the major psychopathologies occurring during this most perplexing development stage of human life." (Lawrence Stone, M.D., president, American Academy of Child and Adolescent Psychiatry)

"It is an ambitious undertaking to distill the knowledge base, summarize the clinical wisdom, and provide vivid case illustrations for the full range of psychopathology presenting in adolescence. This first rate book succeeds on all counts while conveying the challenge and excitement of working with teenagers who have psychiatric problems." (Gregory K. Fritz, M.D., professor of psychiatry and director, Child and Adolescent Psychiatry, Brown University School of Medicine)

#### From the Inside Flap

When children enter adolescence they experience rapid and complex changes in their biology, psychology, and social standing. Seemingly overnight, teenagers can manifest dramatic new syndromes as old ones persist in ever-evolving shapes and forms. Understandably, clinical treatment of this age group is a dynamic and challenging adventure. Treating Adolescents presents a concise up-to-date summary of adolescent development and step-by-step guidance for the effective clinical treatment of specific issues--such as anxiety disorders, depression, eating disorders, somatization, conduct disorders, and psychosis. Written by experts in the treatment of adolescents, each of the contributors offers a blend of cutting-edge knowledge and clinical techniques in the area of their particular sub-specialty. The volume is a jargon-free resource for front-line clinicians including psychologists, social workers, teachers, counselors, and pediatricians. Treating Adolescence offers a wealth of examples and specific suggestions to improve treatment skills, including information on:

- Creating a team-based approach that includes parents, teachers, social workers, pediatricians, and the mental health team.
- Dealing effectively with issues such as identity, suicide, and risk taking.
- Accessing when it is appropriate to adopt a parental role and how to quickly step-back into the role of professional.
- Recognizing the specific syndromes as they occur in the course of adolescent development.
- Responding to alcohol and drug addiction in this vulnerable population group.
- Structuring a treatment plan that is appropriate to adolescence.

#### From the Back Cover

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## **Users Review**

### **From reader reviews:**

#### **Ronnie Hamilton:**

Nowadays reading books be than want or need but also be a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge your information inside the book that improve your knowledge and information. The data you get based on what kind of reserve you read, if you want have more knowledge just go with schooling books but if you want truly feel happy read one along with theme for entertaining for example comic or novel. Typically the Treating Adolescents is kind of guide which is giving the reader erratic experience.

#### **Stephan Partin:**

Reading a book can be one of a lot of activity that everyone in the world adores. Do you like reading book consequently. There are a lot of reasons why people love it. First reading a publication will give you a lot of new details. When you read a publication you will get new information simply because book is one of a number of ways to share the information or perhaps their idea. Second, looking at a book will make you more imaginative. When you reading a book especially tale fantasy book the author will bring someone to imagine the story how the characters do it anything. Third, you are able to share your knowledge to other folks. When you read this Treating Adolescents, you can tells your family, friends in addition to soon about yours guide. Your knowledge can inspire the mediocre, make them reading a book.

#### **Sandra Hughes:**

Do you have something that you enjoy such as book? The publication lovers usually prefer to pick book like comic, short story and the biggest you are novel. Now, why not hoping Treating Adolescents that give your enjoyment preference will be satisfied by reading this book. Reading addiction all over the world can be said as the opportunity for people to know world a great deal better then how they react to the world. It can't be

said constantly that reading routine only for the geeky person but for all of you who wants to always be success person. So , for all you who want to start looking at as your good habit, you may pick Treating Adolescents become your own starter.

**Daniel Downey:**

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