



Get Me Out of Here: My Recovery from Borderline Personality Disorder

By Rachel Reiland



Get Me Out of Here: My Recovery from Borderline Personality Disorder By Rachel Reiland

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Editorial Review

Review

Touted as the only book of its kind, this is a firsthand account of Borderline Personality Disorder (BPD). An accountant and mother of three, Reiland (a pseudonym) tells the poignant story of her life, which included all-too-familiar episodes of anorexia, promiscuity, impulsiveness, suicide attempts, institutionalization in a mental hospital, and often unrelenting, anger-intensive, violent, and unpredictable behavior. This is not intended as a text for treatment but a story of how one person lived with and overcame an affliction that many professionals view as untreatable. What results is a gripping, fast-paced narrative that's often hard to put down and will no doubt inspire sufferers and caretakers to march on. It is a story based on stark reality and hope, much like Steve Hamilton's *I Want My Life Back*. Recommended for all public and academic libraries as a complement to treatment guides like Jerold J. Kreisman and Hal Straus's *I Hate You, Don't Leave Me*. Melody Ballard, Washoe Cty. Lib. Syst., Reno Copyright 2004 Reed Business Information. (*Library Journal*)

About the Author

No Bio

No Bio

Users Review

From reader reviews:

Andre Roberts:

Book is to be different for each grade. Book for children until finally adult are different content. As you may know that book is very important for people. The book *Get Me Out of Here: My Recovery from Borderline Personality Disorder* ended up being making you to know about other understanding and of course you can take more information. It doesn't matter what advantages for you. The book *Get Me Out of Here: My Recovery from Borderline Personality Disorder* is not only giving you a lot more new information but also to get your friend when you truly feel bored. You can spend your current spend time to read your guide. Try to make relationship while using book *Get Me Out of Here: My Recovery from Borderline Personality Disorder*. You never sense lose out for everything when you read some books.

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