



# Chemical Dependency Counseling: A Practical Guide

By Robert R. Perkinson



**Chemical Dependency Counseling: A Practical Guide** By Robert R. Perkinson  
**Chemical Dependency Counseling** is a best-selling comprehensive guide for counselors and front-line professionals who work with the chemically dependent and addicted in a variety of treatment settings. The text shows the counselor how to use the best evidence-based treatments available, including motivational enhancement, cognitive behavioral therapy, skills training, medication and 12 step facilitation. Guiding the counselor step-by-step through treatment, this volume presents state-of-the-art tools, and forms and tests necessary to deliver outstanding treatment and to meet the highest standards demanded by accrediting bodies.

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