



## Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be

By Jennifer Polimino, Carolyn Warren



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*Praying Through Your Pregnancy* shows a mother how to provide an early head start for her child through the power of prayer. With fresh spiritual insight, each chapter reveals what is happening with the baby's development that week, starting with the very first moment of conception, when God begins the creation of either a boy or a girl. Readers will learn how the confidence they place in God affects the healthy development of their precious growing baby, and how to reduce their own stress and anxiety by looking to the Creator. In this interactive guidebook, the author shares excerpts from her pregnancy journal as an encouragement for women to write their own thoughts and feelings, and each chapter ends with a Mother's Prayer and Scriptures for Meditation.

*Praying Through Your Pregnancy* was a 2011 Christian Book Award Finalist.

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### Editorial Review

From the Back Cover

Even before your baby was conceived, he or she was on God's calendar! The heavenly Father has incredible plans for your child, and it is never too early to begin praying for His power and protection over your precious baby's life.

*Praying Through Your Pregnancy* is a week-by-week guide for nurturing Baby's spirit as he or she grows within your womb. Each chapter reveals what is happening with your child's development that week, starting with the very first moment of conception. Each week, you'll find a powerful "Mother's Prayer" to guide your conversations with God, as well as recommended Scripture meditations so that you can hide His Word in your heart—cultivating your relationship with the Father as your child grows.

As your little one develops physically, you'll learn how to place your confidence in God and reduce stress and anxiety as you trust in Him. An exclusive interview with Debbie Mills, Senior Prayer Leader for Prenatal Prayer at the International House of Prayer, shows how you can access deep reservoirs of peace for you and Baby, both before and after delivery. Also included are excerpts from Jennifer Polimino's personal pregnancy journal and guided journaling questions for you. This intimate record of your child's earliest days will become a treasured keepsake for you and your family. Draw close to the Creator and get to know His newest creation—your baby—through the power of prayer!

About the Author

**Jennifer Polimino** is the president and founder of PrayForYourBaby.com, an online organization that helps parents to live godly lives, pray for their children, and prepare them for parenthood. Jennifer and her husband, Dan, were the fitness experts on FOX TV's *Good Day Colorado* for more than three years and were syndicated health and fitness columnists for the *Denver Post* and *Rocky Mountain News*. Her columns have appeared in newspapers across the United States. Jennifer and Dan have been married for more than 12 years and reside in Denver, Colorado, along with their two children.

### Users Review

**From reader reviews:**

**Brian Nelson:**

Reading a reserve tends to be new life style in this era globalization. With looking at you can get a lot of information that may give you benefit in your life. Together with book everyone in this world can certainly share their idea. Ebooks can also inspire a lot of people. Lots of author can inspire their particular reader with their story as well as their experience. Not only the storyplot that share in the textbooks. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some research before they write for their book. One of them is this Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be.

**Brad Bennett:**

Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be can be one of your beginner books that are good idea. We all recommend that straight away because this publication has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to set every word into joy arrangement in writing Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be yet doesn't forget the main level, giving the reader the hottest in addition to based confirm resource facts that maybe you can be considered one of it. This great information can certainly drawn you into new stage of crucial imagining.

**Ross Jackson:**

Many people spending their time period by playing outside with friends, fun activity along with family or just watching TV all day long. You can have new activity to invest your whole day by examining a book. Ugh, think reading a book can really hard because you have to bring the book everywhere? It okay you can have the e-book, delivering everywhere you want in your Mobile phone. Like Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be which is finding the e-book version. So , why not try out this book? Let's see.

**Terry Kiser:**

A lot of people said that they feel uninterested when they reading a reserve. They are directly felt the idea when they get a half areas of the book. You can choose the actual book Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be to make your own personal reading is interesting. Your skill of reading proficiency is developing when you like reading. Try to choose easy book to make you enjoy you just read it and mingle the opinion about book and studying especially. It is to be first opinion for you to like to open up a book and read it. Beside that the reserve Praying Through Your Pregnancy: An Inspirational Week-by-Week Guide for Moms-to-Be can to be your brand new friend when you're feel alone and confuse with the information must you're doing of these time.

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