



A Clinician's Guide to Working with Problem Gamblers

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Problem gambling is a recognised mental disorder and a significant public health issue internationally. *A Clinician's Guide to Working with Problem Gamblers* introduces the reader to the concept of problem gambling as an illness, it describes the current gambling habits and explores the way problem gambling may present in an individual. This guide is the product of a collaboration between two of the country's most eminent experts on problem gambling as a psychiatric disorder.

Bowden-Jones and George bring together contributions from leading clinicians working in the field to provide an outline of the epidemiology, aetiology, research, assessment procedures and treatment practices which are discussed and presented in an accessible and engaging manner. The inclusion of questionnaires and screening tools adds to the 'hands on' feel of the book. The book covers a range of topics that clinicians and trainees need in order to review and understand the disorder, including, amongst others:

Cognitive behavioural models of problem gambling

Psychiatric co-morbidity

Family interventions

Gambling and women

Remote gambling

A Clinician's Guide to Working with Problem Gamblers will be essential reading for mental health professionals working with problem gamblers, as well as those in training, it is a comprehensive reference point on all aspects of this psychiatric condition. It is also aimed at various other groups of people who have an interest in the field of problem gambling, including academics, researchers, policy makers, NHS commissioners, probation officers, other health care professionals, the lay reader and family members of those affected by gambling.

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Editorial Review

Review

"Problem gambling is being increasingly recognised as a major addiction that can create significant problems for patients and their families. This volume emerges from the experience of the clinicians who have to deal with it on a daily basis and brings together experts in the range of sciences that underpin an improved knowledge of gambling, how it can become an addiction, and how best to help people overcome it." – **David Nutt, the Edmond J. Safra Professor of Neuropsychopharmacology Imperial College London**

'A useful and informative textbook based on the work of the first and only NHS national clinic in the UK, this clinicians' guide will teach many health professionals and students the most evidence-based approach to tackling problem gambling issues' – **Simon Wessely, President, Royal College of Psychiatrists**

About the Author

Henrietta Bowden-Jones is a doctor trained in psychiatry and neuroscience. She is Founder and Director of the National Problem Gambling Clinic CNWL NHS Trust and Honorary Senior Lecturer, Brain Science Division, Imperial College, UK.

Sanju George is a consultant in addiction psychiatry, Birmingham and Solihull Mental Health NHS Foundation Trust, and is an opinion leader in the field of gambling addiction.

Users Review

From reader reviews:

Erin Chretien:

The feeling that you get from A Clinician's Guide to Working with Problem Gamblers could be the more deep you digging the information that hide inside words the more you get interested in reading it. It does not mean that this book is hard to recognise but A Clinician's Guide to Working with Problem Gamblers giving you enjoyment feeling of reading. The author conveys their point in a number of way that can be understood through anyone who read the idea because the author of this guide is well-known enough. This particular book also makes your vocabulary increase well. Therefore it is easy to understand then can go to you, both in printed or e-book style are available. We advise you for having that A Clinician's Guide to Working with Problem Gamblers instantly.

Richard Vazquez:

Reading can called brain hangout, why? Because while you are reading a book especially book entitled A Clinician's Guide to Working with Problem Gamblers your brain will drift away trough every dimension,

wandering in every aspect that maybe unknown for but surely will become your mind friends. Imaging each word written in a guide then become one type conclusion and explanation which maybe you never get before. The A Clinician's Guide to Working with Problem Gamblers giving you yet another experience more than blown away your head but also giving you useful info for your better life within this era. So now let us explain to you the relaxing pattern is your body and mind will likely be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

Robert Henderson:

In this period globalization it is important to someone to get information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information simpler to share. You can find a lot of personal references to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The particular book that recommended for you is A Clinician's Guide to Working with Problem Gamblers this publication consist a lot of the information from the condition of this world now. This book was represented just how can the world has grown up. The words styles that writer use to explain it is easy to understand. The actual writer made some study when he makes this book. That is why this book acceptable all of you.

Susan Padgett:

That publication can make you to feel relax. This book A Clinician's Guide to Working with Problem Gamblers was colourful and of course has pictures around. As we know that book A Clinician's Guide to Working with Problem Gamblers has many kinds or style. Start from kids until teens. For example Naruto or Investigator Conan you can read and think you are the character on there. Therefore not at all of book usually are make you bored, any it offers up you feel happy, fun and relax. Try to choose the best book for yourself and try to like reading this.

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