



## Scuba Confidential: An Insider's Guide to Becoming a Better Diver

By *Simon Pridmore*

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**Scuba Confidential: An Insider's Guide to Becoming a Better Diver** By Simon Pridmore

Scuba Confidential is a unique book packed full of valuable tips and expert advice, giving you unprecedented access to the secrets of dive professionals and technical divers. With Scuba Confidential, you will learn how to master skills and techniques that will make you a more confident, capable and safe diver.

It offers an informed, balanced view on some of scuba diving's most contentious issues like going solo, deep diving and rebreathers and includes a comprehensive analysis of how diving accidents happen and how to make sure you do not become a statistic.

Scuba Confidential also gives you valuable insights on a vast range of topics such as what it is like to do a cave diving course, how to make sure you buy the right equipment, what to consider when choosing an instructor, things even the pros get wrong and where to find the best diving in the world.

This is candid, no-nonsense practical advice from a professional who has been involved over the last three decades with virtually every aspect of the sport.

Have you ever wondered?

How to look as comfortable in the water as the professionals do?

What it is like to dive inside shipwrecks?

Which training courses are most worthwhile?

If you would make a good technical diver?

If you should be considering a rebreather?

How you can improve your diving skills?

How you can reduce your air consumption?

Why diving accidents happen and how to prevent them?

Whether you might sometimes actually be safer solo diving?

How to dive deep safely? Or

How much diving can possibly be any fun?

Scuba Confidential has the answers to these questions and many more.

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## **Scuba Confidential: An Insider's Guide to Becoming a Better Diver** By Simon Pridmore Bibliography

- Sales Rank: #288829 in Books
- Published on: 2013-10-10
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .79" w x 5.00" l, .75 pounds

- Binding: Paperback
- 350 pages

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